



## Emergency Care Training (HK) Introduction Course First Aid for Domestic Helpers

<b>Course Description:</b>	This course is specifically designed as an introduction to First Aid for Domestic Helpers working with families in Hong Kong.
<b>Course Length:</b>	4 hours
<b>Course Content:</b>	Action in Emergency Recovery Position Choking - prevention and treatment Poisoning - prevention and treatment Burns - prevention and treatment Bleeding and wound care First Aid for asthmatics, seizures and febrile convulsions Bone, Joint and Muscle injury How to apply a compression and a triangular bandage Contents of a First Aid Box
<b>Course Size:</b>	8-14 students
<b>Assessment:</b>	Skills Assessment: on-going assessment
<b>Certification:</b>	Certificate of attendance from Emergency Care Training (HK), (ECT-HK)
<b>Materials:</b>	National Safety Council Quick Guide to First Aid
<b>Prerequisites:</b>	No previous experience is required. Must be over 14 years of age
<b>Course Fee:</b>	HK\$550 per student