



First Aid Training for Rugby

Course Description:	<p>The RFU has joined forces with lifesaving specialists in the sports and leisure sectors Swim Teachers Association (STA) UK and ECT-HK to launch a newly developed first aid qualification for rugby coaches and volunteers.</p> <p>During the RFU Sports First Aid Qualification course, candidates will learn how to deal with a range of first aid situations that occur within rugby.</p>
Course Length:	6 hours
Course Content:	What to do in a emergency, Cardio-pulmonary resuscitation (CPR, First aid for a unconscious casualty, First aid for the wounded or bleeding, How to use first aid equipment, How to deal with concussion, How to deal with breaks and sprains, The employers risk assessment.
Course Size:	8-10 students
Assessment:	Skills Assessment: On-going assessment Written Assessment: Worksheets
Accreditation:	RFU Sports First Aid Appointed Person Award. The Award is fully recognised as a First Aid Appointed Person Qualification.
Certificate valid for:	3 years
Materials:	RFU First Aid For Rugby Student Workbook
Pre-requisites:	A valid NSC Standard First Aid & NSC CPR/AED Certificate
Course Fee:	HK\$1,350.00 per student (including RFU Certification fee of HK\$450 per student)