



National Safety Council (USA) CPR and AED

Course Description:	<p>Sudden Cardiac Arrest (SCA) can strike anyone at any time, including seemingly healthy people without a diagnosed heart condition. Providing cardiopulmonary resuscitation (CPR) along with the use of an Automated External Defibrillator (AED) can restore a normal heartbeat and flow of oxygen to the brain and other vital organs.</p> <p>Portable AED's are available to the general public and very simple to use. The AED delivers an electric shock known as 'defibrillation' to the heart.</p> <p>The CPR & AED course is based on the latest, 2005 American Heart Association (AHA) CPR guidelines. Students will learn Basic Life Support (BLS) for the treatment of choking and cardiac emergencies, CPR, defibrillation techniques, and what to do after successful use of the AED.</p> <p>The course also covers the function of the heart, early intervention for heart disease, and stroke prevention.</p>
Course Length:	3 hours
Course Content:	<p>Actions in an Emergency Adult/Child Basic Life Support - CPR & AED Choking Management Heart Attack and Stroke</p>
Course Size:	8 - 10 students
Assessment:	<p>Skills Assessment: On-going assessment Written Assessment: 20 Multiple Choice Questions</p>
Accreditation:	National Safety Council (USA) CPR & AED Certificate - valid internationally
Certificate valid for:	2 years
Materials:	National Safety Council CPR & AED Student Workbook
Prerequisites:	No previous experience is required. Must be over 14 years of age
Course Fee:	HK\$550 per student