



## National Safety Council (USA) - First Aid Course

<b>Course Description:</b>	Everybody should learn First Aid. This 9-hour course is for those who require a fundamental but effective knowledge of first aid. Students learn life saving techniques that can be used before emergency medical help arrives on the scene. All materials and certification costs are included in the course fee.
<b>Course Length:</b>	9 hours (3 x 3-hour sessions)
<b>Course Content:</b>	Action in an Emergency Choking Management Heart Attack and Stroke Bleeding & Wound Care Shock, Anaphylaxis Burns Serious injuries Bone, Joint and Muscle injuries Poisoning Sudden Illness Hot & Cold Emergencies Group Scenarios
<b>Course Size:</b>	6 - 10 students
<b>Assessment:</b>	Skills Assessment: on-going assessment Written Assessment: 20 Multiple Choice Questions
<b>Accreditation:</b>	National Safety Council (USA) - First Aid Certificate - valid internationally
<b>Certificate valid for:</b>	2 years
<b>Materials:</b>	National Safety Council Standard First Aid Student Workbook
<b>Prerequisites:</b>	No previous experience is required. Must be over 14 years of age
<b>Course Fee:</b>	HK\$1,150 per student